

# **Beneficiaries Can Bloom Where They Are Planted: Distributions to Improve Quality of Life**

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## **Objectives**

- Identify quality of life principles
- Evaluate quality of life distributions using a quality of life tool (determination process)

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## Objectives (cont.)

- Combine this person-centered approach with best interest and substitute judgment standards - within the applicable trust distribution standards and available resources

## Quality of life principles

1. Enhance well-being within a cultural context
2. Use a rights-based framework
3. Incorporate financial constraints
4. Promote self-determination
5. Provide individualized supports

## Goals

- Enhance beneficiaries' sense that they are valued
- Enhance beneficiaries' appreciation of life despite constraints
- Balance needs for care, safety, and autonomy

## Trust standards

- Quality of life considerations are consistent with:
  - the usual trust standards
  - commonly-used trust terms

Also available as part of the eCourse

[2020 Special Needs Trusts eConference](#)

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16<sup>th</sup> Annual Changes and Trends Affecting Special Needs Trusts session  
"Quality of Life Tools: Bloom Where You Are Planted "