# TeleHealth

Before, During, and After COVID

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What are we talking about?

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### **Telehealth**



The Health Resources and Services Administration (HRSA) of the US Department of Health and Human Services defines telehealth as "the use of electronic information and telecommunications technologies to support and promote long-distance clinical health care, patient and professional health-related education, public health and health administration. Technologies include videoconferencing, the internet, store-and-forward imaging, streaming media, and terrestrial and wireless communications."

Medicare also defines telehealth as "providing care via interactive audio and video telecommunications systems.

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## **Examples of Telehealth Technologies**

- \*Medical information websites
- \*Wearables and Mobile apps
- \*Text alerts and notifications



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### Telemedicine

Defined by the American Telemedicine Association (ATA) as "the use of medical information exchanged from one site to another via electronic communications to

improve a patient's **clinical** health status."



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### What's the difference?

The term <u>Telehealth</u> includes a broad range of technologies and services to provide patient care and improve the healthcare delivery system as a whole to allow for the delivery of remote healthcare services.

<u>Telemedicine</u> involves the use of electronic communications and software to provide <u>clinical</u> services to patients without an in-person visit. Examples include follow-up visits, management of chronic conditions, medication management, specialist consultation, and a host of other clinical services that can be provided remotely via *secure* video and audio connections

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