# CRAZY - YOUR CLIENT OR MINE?

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BREAKING BOUNDARIES IN CUSTODY LITIGATION
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### Goals

- Understand Mental Disorders commonly found in custody litigation
- Understand Personality Disorders most commonly seen in custody litigants
- Learning how these problems can impact parenting
- Understanding what you should expect in a custody evaluation report when a parent has a Mental Disorder or Personality Disorder.
- Learning how to manage these clients



# With whom are you dealing

- You are not dealing with the average person
- You are dealing with people with problems
- You are dealing with the extreme
- You are dealing with good people in bad circumstances
- You are dealing with problematic people in bad circumstances
- Differentiating between the two is important

#### Common Mental Disorders

- Mood Disorders
  - Major Depressive Disorder
  - Bipolar Disorder
- Anxiety Disorders
  - Panic Disorder
  - OCD
  - Generalized Anxiety Disorder
- ADHD
- Expect some depressive and anxious symptoms

# What's the Impact on Parenting?

- Depression most widely research
  - Less sensitive parenting
  - Less supportive of children
  - Less authoritative parenting
  - Greater difficulties in youth romantic relationships
  - Increased mother child discord
  - More verbal and physical pressure for children to eat
  - Used more incentives/conditions to get child to eat
  - More psychological control
  - · Children contribute as well skin conductance

#### Yet more

- Deficient modeling of social skills
- Low nurturance and sensitivity
- Angry, negative and retaliatory behavior
- Intrusiveness
- Negative discipline
- Harsh, hostile and coercive parenting
- Higher anxiety and guilt induction
- more disengaged

## Depression - Impact on Children

- Increased internalizing problems (Schudlich & Cummings, 2003)
- Infants more difficult temperament, lower motor and mental development and less secure attachment (Zahn-Waxler et al., 2002)
- Preschoolers same as above +
- Less effective regulation strategies
- React more negatively to stress
- Lower social competence





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Title search: Crazy—Your Client or Mine?

Also available as part of the eCourse <a href="Custody Litigation: Problem Clients">Custody Litigation: Problem Clients</a>

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