

**PRESENTED AT**

18<sup>th</sup> Annual

Estate Planning, Guardianship and Elder Law Conference

August 11-12, 2016

Galveston, Texas

## **Texas Home and Community-Based Supports and Services**

**Richard LaVallo**

# TEXAS HOME AND COMMUNITY-BASED SUPPORTS AND SERVICES

## 1. Community Living Assistance and Support Services (CLASS)

CLASS provides home- and community-based services to people with related conditions as a cost-effective alternative to placement in an intermediate care facility for individuals with an intellectual disability or a related condition (ICF/IID). A related condition is a disability, other than an intellectual disability, that originated before age 22 and that affects a person's ability to function in daily life.

**Note:** This service may not be available right away. Your name may be placed on an interest list. You will be contacted when services are available.

[The Consumer Directed Services \(CDS\) option is available for some services in this program.](#)

### WHAT SERVICES ARE AVAILABLE?

- Adaptive aids and medical supplies
- Behavioral support
- Case management
- Cognitive rehabilitative therapy
- Continued Family Services
- Dental and dental sedation
- Employment assistance
- Habilitation
- Minor home modifications
- Nursing
- Occupational therapy
- Physical therapy
- Pre-vocational habilitation
- Respite care
- Specialized therapies
- (auditory enhancement/auditory integration training, dietary, therapeutic horseback riding, and massage, recreational, music, aquatic and hippo therapies)
- Speech and language pathology
- Supported employment
- Support Family Services
- Transition Assistance Services

You can access the following services through the CDS option:

- Habilitation
- Cognitive rehabilitative therapy
- Employment assistance
- Nursing services
- Occupational therapy
- Physical therapy
- Respite care
- Speech and language pathology
- Support consultation
- Supported employment

### **WHO CAN GET SERVICES?**

- You must be diagnosed with a related condition that manifested before age 22.
- You must be eligible for Medicaid in the community and not be enrolled in another Medicaid waiver program.
- You must meet level of care criteria for placement in an ICF/IID.
- You must need habilitation and case management services.
- You must live in your own or your family's home.
- Your income and resources may not exceed specified limits.
- You **cannot** be enrolled in another waiver program.

### **HOW DO I APPLY FOR SERVICES?**

**Call toll-free to 1-877-438-5658.** Please be prepared to provide Social Security and Medicaid numbers, type of disability, age of the onset of the disability, date of birth, address and telephone number of the person needing services.

## **2. Home and Community-based Services**

**Note:** This service may not be available right away. Your name may be placed on an interest list. You will be contacted when services are available.

The Home and Community-based Services (HCS) program provides individualized services and supports to people with intellectual disabilities who are living with their families, in their own homes or in other community settings, such as small group homes where no more than four people live. The local authority provides service coordination.

[The Consumer Directed Services \(CDS\) option is available for some services in this program.](#)

Also available as part of the eCourse

[2016 Estate Planning, Guardianship, and Elder Law eConference](#)

First appeared as part of the conference materials for the  
18<sup>th</sup> Annual Estate Planning, Guardianship and Elder Law Conference session  
"Alternatives to Guardianship"