

Texas Lawyers' Assistance Program

Is the practice
of law a
**hazardous
profession?**



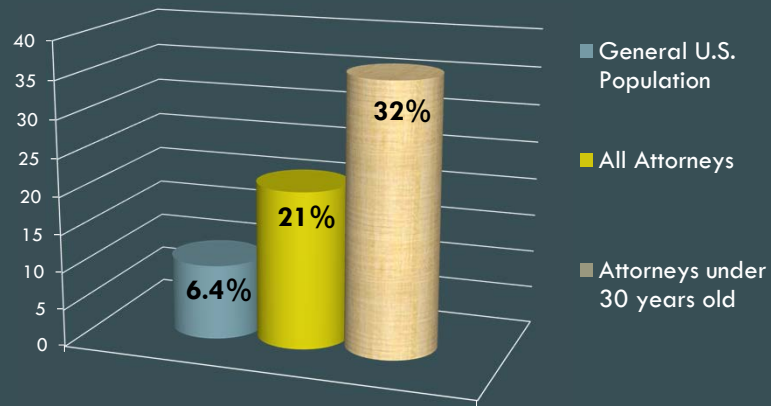
An Epidemic in the Legal Profession

- Substance Abuse
 - Alcoholism
 - Prescription drug abuse
- Mental Illness
 - Depression
 - Anxiety
- Suicide
- Cognitive Impairment

ABA/Hazelden-Betty Ford Research Project

- “Current Rates of Substance Use, Depression and Anxiety within the Legal Profession”
 - Most recent since 1990
 - Most comprehensive study ever
 - Published in Feb. 2016 Journal of Addiction Medicine
- 12,825 employed lawyers from 19 states

ABA/Hazelden-Betty Ford Research Project



"Problematic Drinking" = hazardous, possible dependence

The Problem with Lawyers...

- Positive scores for "problematic drinking" when only asked about amount and frequency:
 - 36.4% lawyers
 - 15% physicians

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