



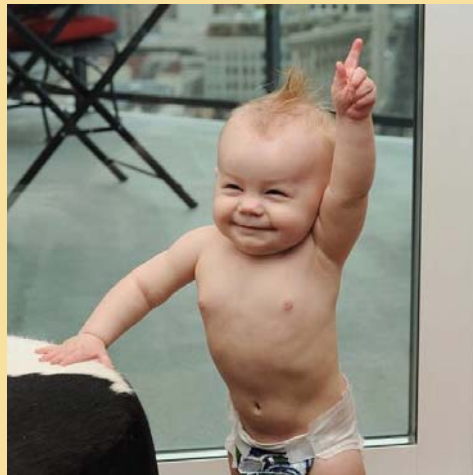
STATE BAR of TEXAS

Lawyer Wellness

TEXAS LAWYERS' ASSISTANCE PROGRAM
CAMERON VANN, JD



1. YOU'RE NUMBER ONE!



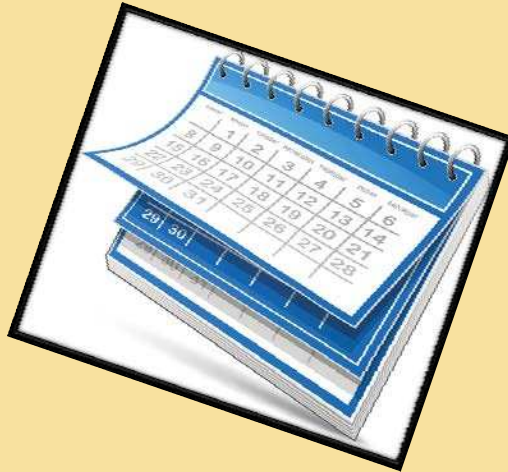
2. ASK FOR HELP!



3. YOU ARE GOOD ENOUGH!



4. SET BOUNDARIES.



5. MAKE CONNECTIONS



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First appeared as part of the conference materials for the
27th Annual Conference on State and Federal Appeals session
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