

# Resilience Training:

**Performance and Interpersonal  
Management Skills for a Better  
Practice...and a Better Life**

*This original Presentation was produced by the  
State Bar of Texas, and is co-authored  
by Claude Ducloux, LawPay's Director of  
Education and Ethics.*

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## Claude E. Ducloux **Attorney at Law**

- 40-year seasoned attorney
- Board Certified in Civil Trial Law and Civil Appellate Law, Texas Board of Legal Specialization
- Former President, Austin Bar Association
- Received Gene Cavin Award for Lifetime Achievement in Teaching Continuing Education

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I'm an attorney just like you!

We know our profession has some serious issues...



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A recent law review article noted that **attorneys have the highest rate of depression** of any occupational group in the united states.

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First appeared as part of the conference materials for the  
53<sup>rd</sup> Annual William W. Gibson, Jr. Mortgage Lending and Servicing Institute session  
"Resilience: How to Survive and Thrive in a High Stress Practice"