# LITIGATING IN A DIVIDED NATION

Toning up Our Interpersonal Skills: Navigating Opinions and Presumptions While

#### **Seeking Justice**

43<sup>rd</sup> Annual Page Keeton Civil Litigation Conference – Austin, Texas

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## <sup>3</sup> Unconscious Bias – Our Worldview

Law Pay \*

Factors which form our unconscious views and preferences:

- How and where we are brought up
- Biological differences
- Our friendships then and now
- Media influences
- Individual experiences

We are hardwired to to prefer those who look, sound, and share similar interests.

*Emerging from the Shadows: Unconscious Bias in the Workplace* – Katrina Grider, 2018 UT-CLE 25<sup>th</sup> Annual Labor Law Conference.

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#### LAWP The Biology of Decision-making 4 MacLean's "Triune Brain" The brain's frontal lobe presides over reasoning, selfcontrol, and decision-making, including: Neomammalian Social behavior Complex · Complex cognitive behavior Your personality Paleomammalian By contrast the limbic cortex (also nicknamed "lizard Complex brain") is associated with emotion, addiction, and mood. It is much more primitive in development. Reptilian Complex OUR DECISIONS RELY ON BOTH PARTS OF THE BRAIN. blogs.scientificamerican.com

## 5 The Psychology of Decision-making



The world is complex. To simplify, we rely on a range of cognitive mechanisms to cope with adverse environments where we face the unknown.

**Heuristics:** Confidence-sustaining "mental shortcuts" that help us make quick decisions. However, relying on heuristics is at the expense of rigorous logic and rational reasoning.

**Why do we use heuristics?** We don't have time (or perhaps the mental ability) for complex analysis, so we limit the information we will consider.

Example: relying on a brand name over analysis of a product's quality.

## <sup>6</sup> How We Influence... and Are Influenced

### The variables:

• Framing the problem (in our own mind)

How you <u>see</u> the problem has a significant effect on how you make decisions. If we think we're winning, we become risk-averse. If we think we're losing, we're likely to take more risks to recover losses.

Thus—we go to trial when "we have nothing to lose."

Framing the problem (in others' minds)

The car crash video: words matter

Groups of students were shown the same video and asked, "How fast were the cars going when they [smashed][collided] [bumped][touched] the other car?" The verb made a huge difference in their answers. "Smashed" resulted in higher estimated mph. Find the full text of this and thousands of other resources from leading experts in dozens of legal practice areas in the <u>UT Law CLE eLibrary (utcle.org/elibrary)</u>

Title search: Litigating in a Divided Nation: Toning Up Our Interpersonal Skills: Navigating Opinions and Presumptions While Seeking Justice

Also available as part of the eCourse <u>eSupplement to the 15th Annual Texas Advanced Administrative Law Seminar</u>

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