



PUBLIC BENEFITS BASICS

Christina Lesher

1

The Recipe of Public Benefits

- Income
- Asset- countable/exempt
- Disability/Medical requirement
- Interest List

2

Using Public Benefits for care from home to facility

- Many Medicaid home care programs for children and adults have wait lists
- Client cooperation
- Add clients to interest lists now
 - Star+Plus Waiver- Harris County 713-692-1635
 - Star-Plus in Other Counties - <https://www.dads.state.tx.us/contact/search.cfm>.
This link takes you to a search engine where you will search for the local Star-Plus contact number by zip code or city.
 - Information needed: SS#, DOB, telephone and address.

3

Using Public Benefits for care From Home to Facility

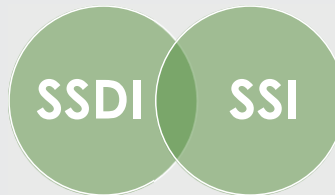
- Review estate planning documents
 - Testamentary SNTs for spouses, check bene designations.
- Create scenarios for how to pay for care
 - Home
 - Assisted Living
 - Nursing home

4

SSDI & SSI

Social Security Disability Insurance (SSDI)

- Monthly cash benefit
- Medicare
- Not Means Tested



Supplemental Security Income (SSI)

- Monthly cash benefit
- Medicaid
- Means Tested

Can be eligible for both

5

5

SSI Eligibility Requirements

Categorical: Disability, 65+, Blindness

Alienage: Ineligible except certain groups such as:

- Citizens & aliens entering before 8/22/96
- Asylees and refugees
- Veteran or on active duty in the armed services

Income Limits:

- \$783/mo. individual, \$1,175/mo. couple; first \$20 exempt

Resources Limits:

- \$2,000 individual, \$3,000 couple; residence & other exemptions
- Who receives? No/ little work history

6

6

Find the full text of this and thousands of other resources from leading experts in dozens of legal practice areas in the [UT Law CLE eLibrary \(utcle.org/elibrary\)](https://utcle.org/elibrary)

Title search: Public Benefits Basics

Also available as part of the eCourse

[2020 Special Needs Trusts eConference](#)

First appeared as part of the conference materials for the
16th Annual Changes and Trends Affecting Special Needs Trusts session
"Maximizing Public Benefits (Basics)"