

# TeleHealth

Before, During, and After COVID

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What are we talking about?

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# Telehealth



The Health Resources and Services Administration (HRSA) of the US Department of Health and Human Services defines telehealth as “*the use of electronic information and telecommunications technologies to support and promote long-distance **clinical** health care, patient and professional health-related **education, public health and health administration.** Technologies include videoconferencing, the internet, store-and-forward imaging, streaming media, and terrestrial and wireless communications.*”

Medicare also defines telehealth as “*providing care via interactive audio and video telecommunications systems.*”

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## Examples of Telehealth Technologies

- \* Medical information websites
- \* Wearables and Mobile apps
- \* Text alerts and notifications



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# Telemedicine

Defined by the American Telemedicine Association (ATA) as “*the use of medical information exchanged from one site to another via electronic communications to improve a patient’s **clinical** health status.*”



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## What’s the difference?

The term **Telehealth** includes a broad range of technologies and services to provide patient care and improve the healthcare delivery system as a whole to allow for the delivery of remote healthcare services.

**Telemedicine** involves the use of electronic communications and software to provide **clinical** services to patients without an in-person visit. Examples include follow-up visits, management of chronic conditions, medication management, specialist consultation, and a host of other clinical services that can be provided remotely via **secure** video and audio connections

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