

# Lawyer Well-Being During the Age of the Coronavirus

Presented by

Chris Ritter, JD, MEd, TLAP Director



STATE BAR of TEXAS



TEXAS LAWYERS'  
ASSISTANCE PROGRAM

Call or Text 1-800-343-TLAP  
[www.TLAPhelps.org](http://www.TLAPhelps.org)

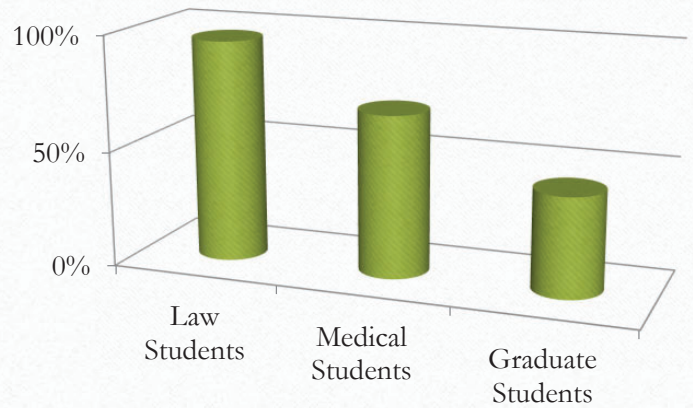
## Major Problems for Attorneys:

- Stress / Anxiety
- Depression
- Burnout / Secondary Trauma
- Alcohol / Substance Abuse
- Cognitive Impairment
- Suicide
- Gambling and other process addictions



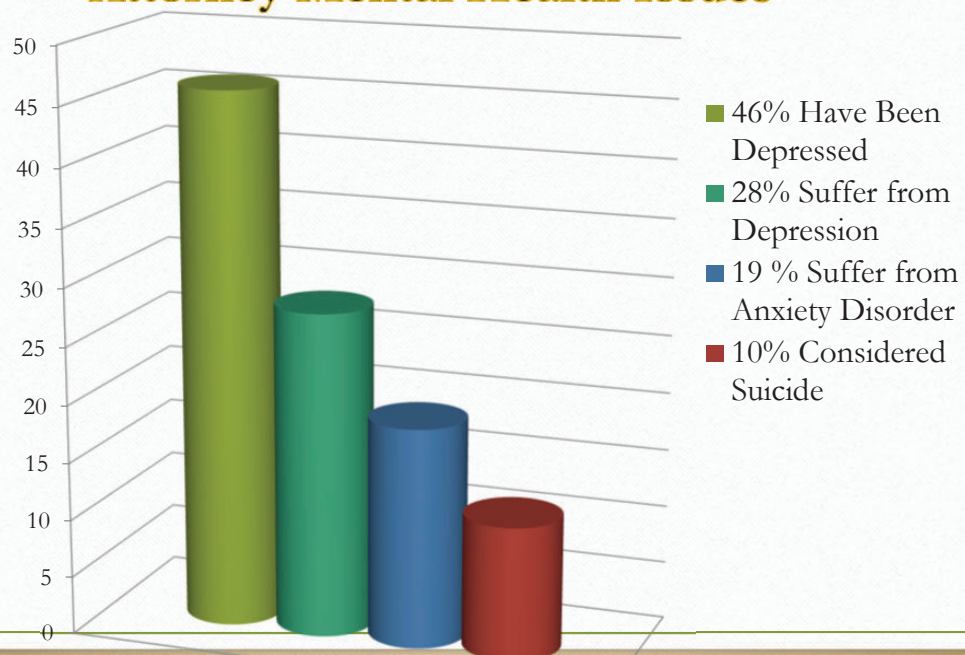
# How Graduate Students Rank for Anxiety

Law Students: 96%  
Medical Students: 70%  
Graduate Students: 43%



3

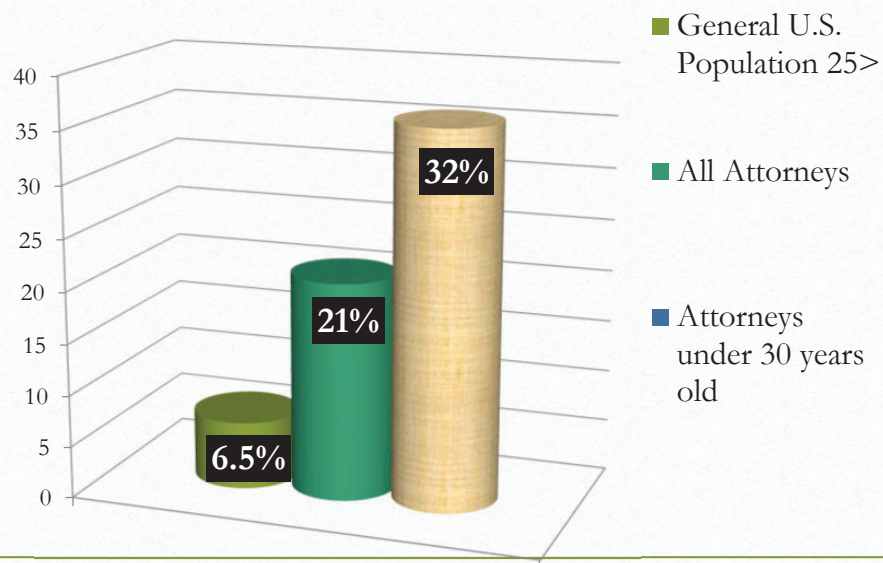
## 2015 ABA Study of Almost 13,000 Attorneys: Attorney Mental Health Issues



4



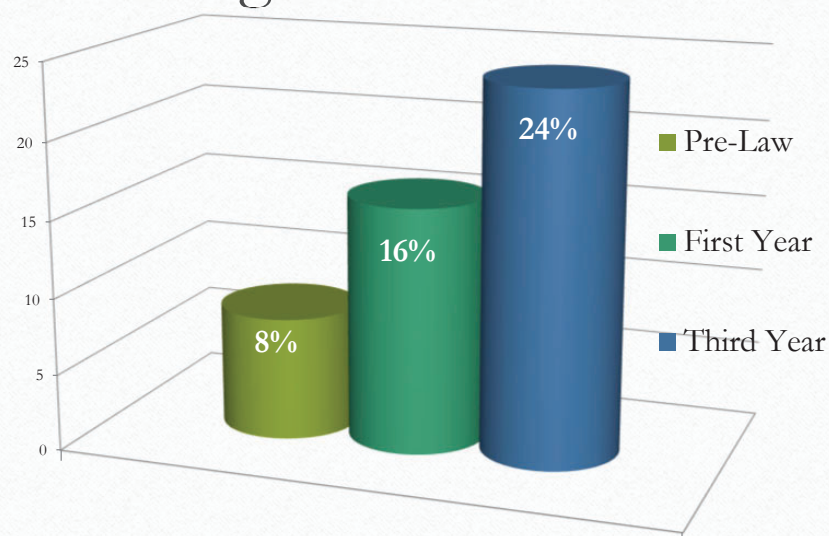
## 2015 ABA Study of Almost 13,000 Attorneys: Attorneys with Problematic Alcohol Issues



"Problematic Drinking" = hazardous, possible dependence

5

## How Drinking Affects Law Students



Percentage of Law Students Reporting  
a Problem with Alcohol

Find the full text of this and thousands of other resources from leading experts in dozens of legal practice areas in the [UT Law CLE eLibrary \(utcle.org/elibrary\)](https://utcle.org/elibrary)

Title search: Lawyer Well-Being: TLAP in the Coronavirus Era

Also available as part of the eCourse

[First Friday Ethics \(September 2021\)](#)

First appeared as part of the conference materials for the  
2021 First Friday Ethics (September 2021) session

"Lawyer Well-Being: TLAP in the Coronavirus Era"