

Lawyer Well-Being During the Age of the Coronavirus

Presented by

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STATE BAR of TEXAS



TEXAS LAWYERS'
ASSISTANCE PROGRAM

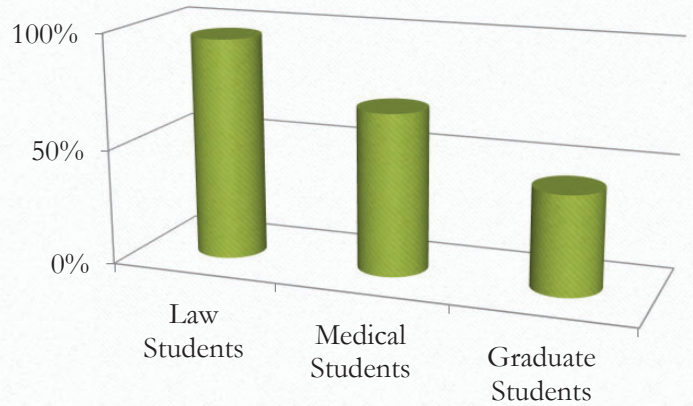
Call or Text 1-800-343-TLAP
www.TLAPHelps.org

Major Problems for Attorneys:

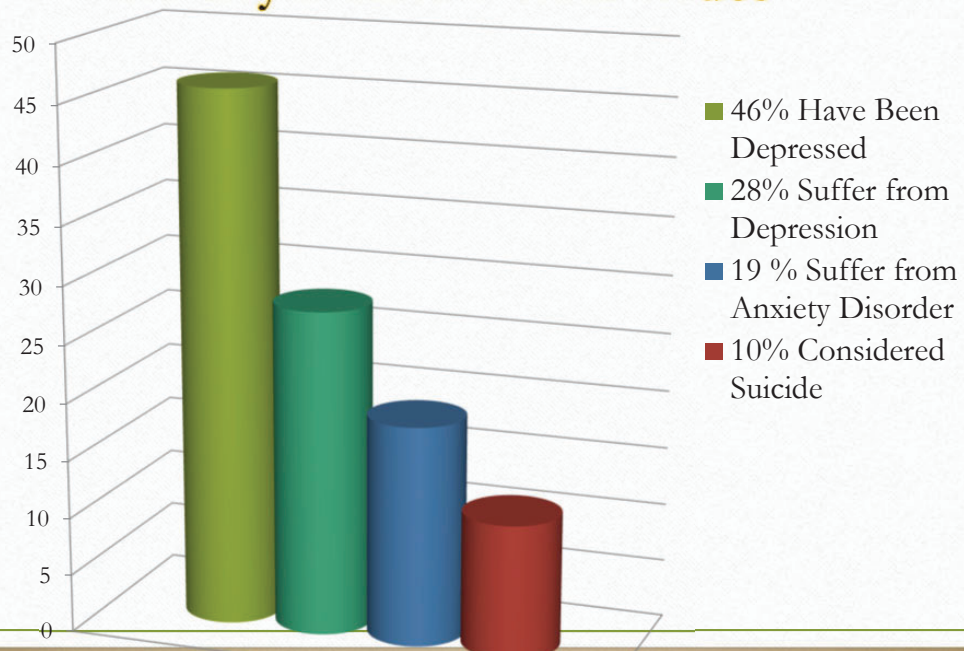
- Stress / Anxiety
- Depression
- Burnout / Secondary Trauma
- Alcohol / Substance Abuse
- Cognitive Impairment
- Suicide
- Gambling and other process addictions

How Graduate Students Rank for Anxiety

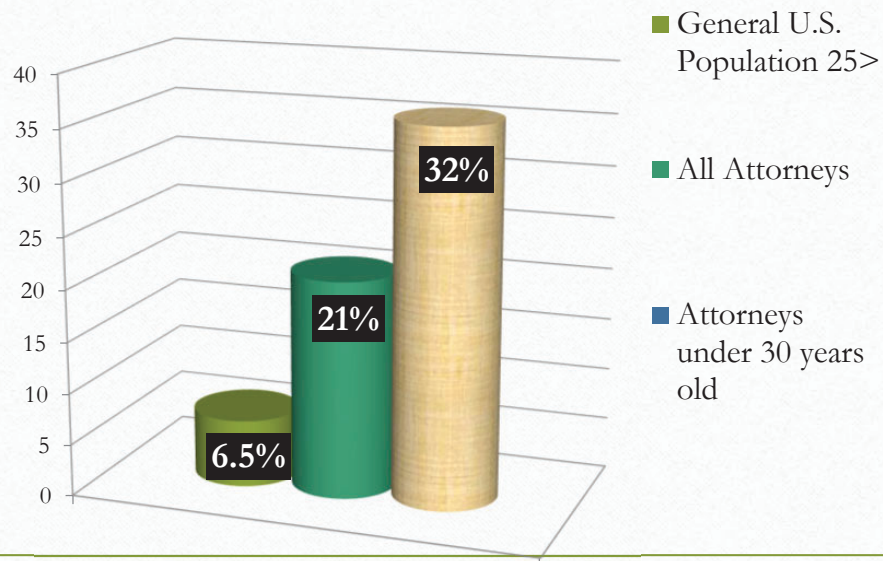
Law Students: 96%
Medical Students: 70%
Graduate Students: 43%



2015 ABA Study of Almost 13,000 Attorneys: Attorney Mental Health Issues



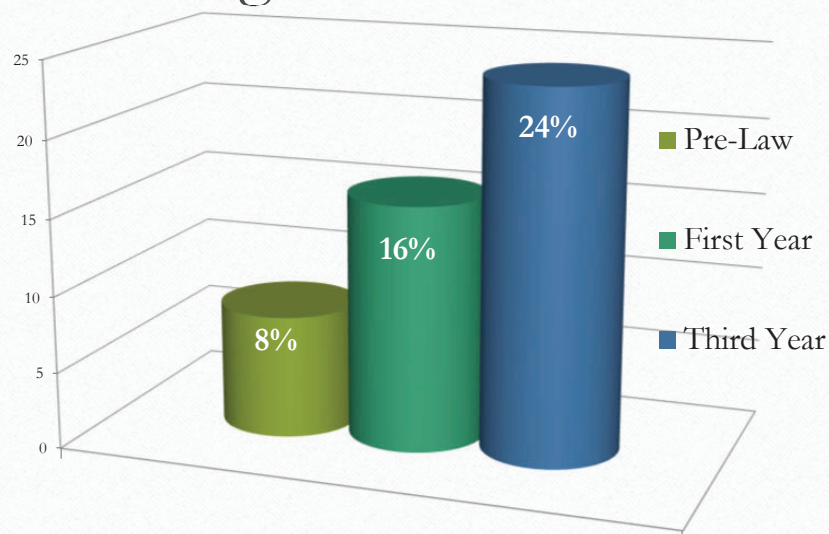
2015 ABA Study of Almost 13,000 Attorneys: Attorneys with Problematic Alcohol Issues



"Problematic Drinking" = hazardous, possible dependence

5

How Drinking Affects Law Students



Percentage of Law Students Reporting
a Problem with Alcohol

6

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Title search: Lawyer Well-Being: TLAP in the Coronavirus Era

Also available as part of the eCourse

[Hooked on CLE: November 2021](#)

First appeared as part of the conference materials for the
2021 First Friday Ethics (September 2021) session
"Lawyer Well-Being: TLAP in the Coronavirus Era"