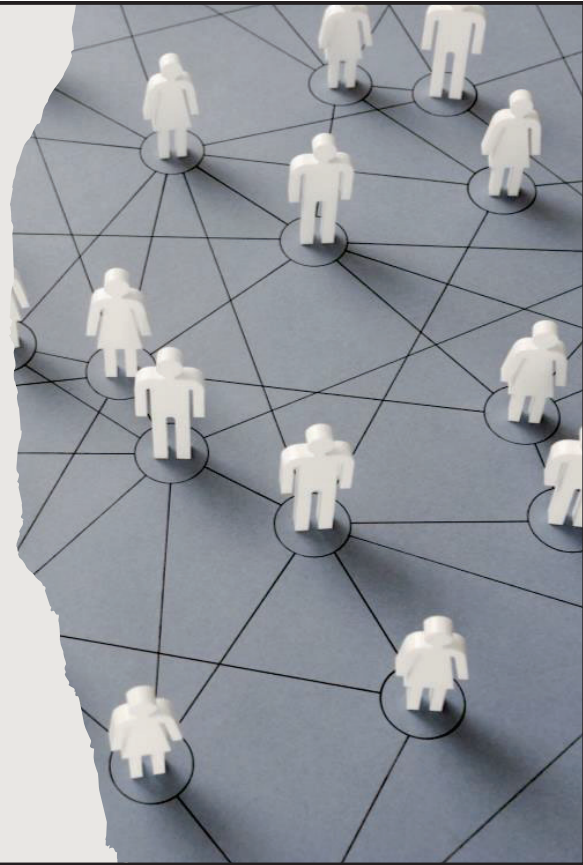


EFFECTS OF ISOLATION DURING THE COVID-19 PANDEMIC FOR OLDER ADULTS

Amber Gum, PhD

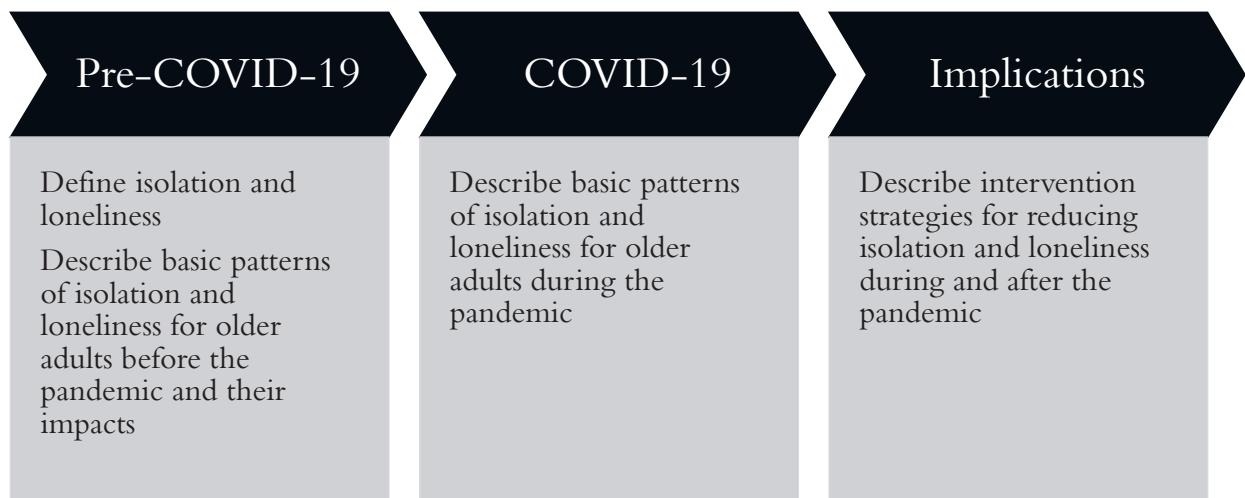
Professor

Department of Mental Health Law & Policy



1

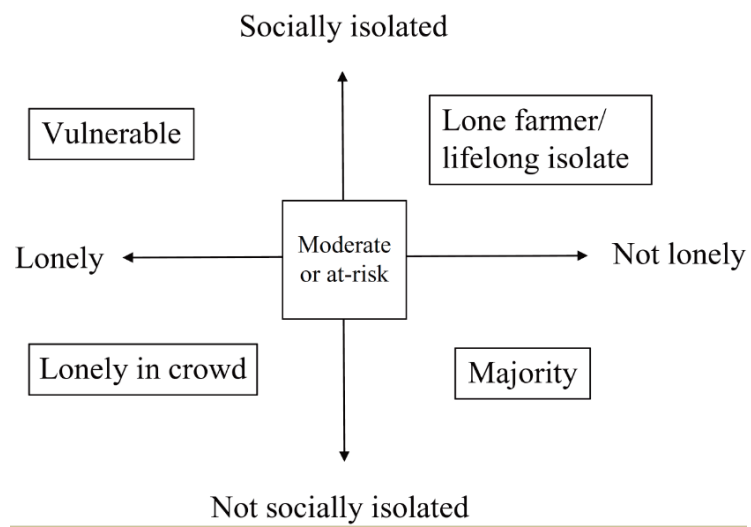
AGENDA & OBJECTIVES



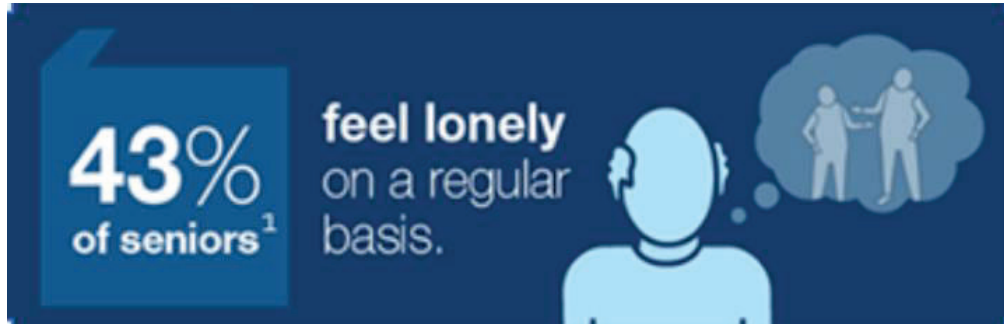
2

PRE-COVID-19

DEFINITIONS: ISOLATION & LONELINESS



PREVALENCE



<https://www.hrsa.gov/enews/past-issues/2019/january-17/loneliness-epidemic>
Holt-Lunstad, 2017

5

RISK FACTORS

- Isolated & lonely:
 - Older
 - Widowed
 - Living alone
 - Poor health
 - Low income
- Lonely:
 - Limited social network
 - Low level of social activity
 - Poor health
 - Depressed
 - Caregivers
 - Negative/toxic relationships
 - High reliance/expectations
 - Institutionalized

Holt-Lunstad, 2017; Dahlberg et al., 2022



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Title search: Effects of Isolation During the Covid-19 Pandemic for Older Adults

Also available as part of the eCourse

[2022 Special Needs Trusts eConference](#)

First appeared as part of the conference materials for the
18th Annual Changes and Trends Affecting Special Needs Trusts session
"Effects of Isolation During the Covid-19 Pandemic for Older Adults"