Paradigm Shifts in Managed Care

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Agenda

- COVID-19
- Recent Tensions Between Payors and Providers
- Health Plan Transparency Enforcement Delay
- Increased Implementation of Alternative Payment Models
- Increased Focus on Social Determinants of Health

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COVID-19: Impact on Telemedicine

A December 2021 report from the HHS found that the number of Medicare FFS beneficiary telehealth visits increased 63-fold in 2020.¹

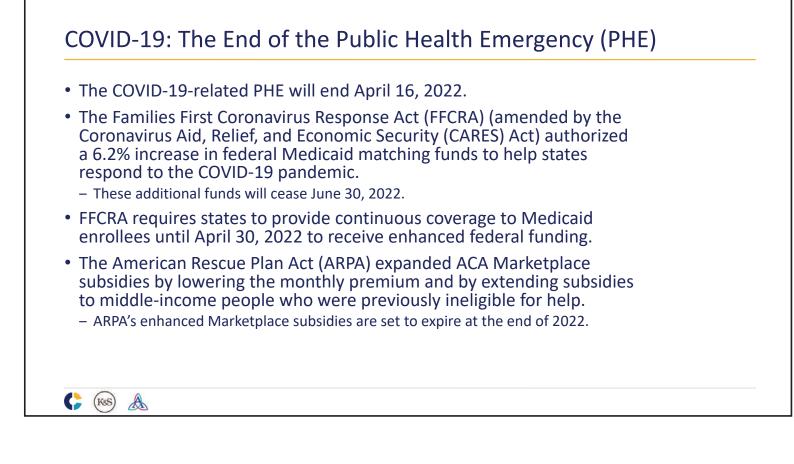
 Telehealth increased to 8% of primary care visits and 3% of specialist visits.

 Visits to behavioral health specialists showed the largest increase in telehealth in 2020.

 Telehealth comprised 33% of total visits to behavioral health specialists.

 Black and rural beneficiaries had lower use of telehealth compared with White and urban beneficiaries, respectively. Telehealth use varied by state, with higher use in the Northeast and West, and lower in the Midwest and South.

 ¹Assistant Secy. for Planning & Eval., Office of Health Policy, "Medicare Beneficiaries' Use of Telehealth in 2020: Trends by Beneficiary Characteristics and Location" (Dec. 2021).



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