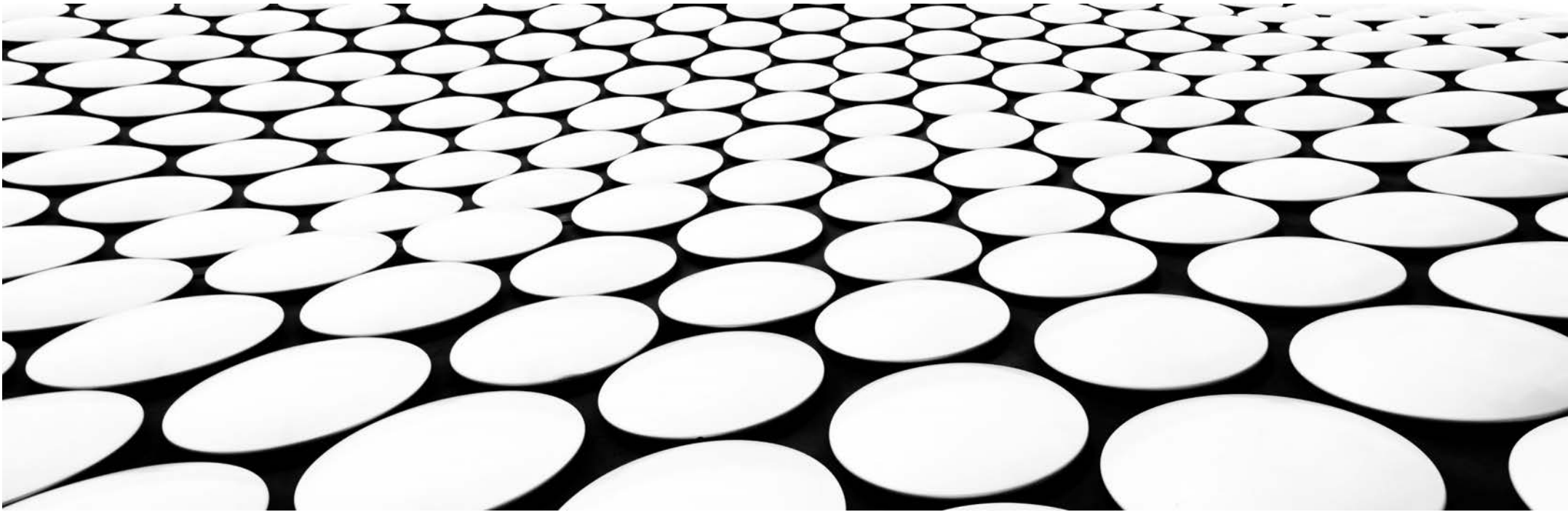


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# SELF-CARE IN THE AGE OF COVID-19

MICHELLE L. SAENZ-RODRIGUEZ



# TIMELINE FOR COVID-19

Panic Starts to set in as COVID-19 starts to spread shelter in place orders and lockdowns are in place by late March

Despite 1.5 Million cases and over 90,000 Americans dead, at least to reopen for business



Virtually the entire country in under some sort of mandatory shelter in place order

# HOW HAVE THINGS CHANGED?

#ALONETOGETHER

Also available as part of the eCourse

[2022 A Practical Guide to Immigration Removal Proceedings eConference](#)

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2022 A Practical Guide to Immigration Removal Proceedings session  
"Ethical and Virtual Issues in Immigration Law"