

# SPECIAL NEEDS TRUSTS 101: The Basics

University of Texas School of Law  
20<sup>th</sup> Annual Changes and Trends Affecting Special Needs Trusts  
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Presentation  
by:

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## Scope of Presentation

- Overview of the Use of SNTs
- Public Benefits for People with Disabilities
- How Trusts Affect Medicaid Eligibility
- Drafting SNTs
  - First-Party SNTs
  - Third-Party SNTs
- Administering SNTs, including planning opportunities

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# Part 1

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## Planning with Trusts

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## Planning with Trusts

- Testamentary / Inter vivos Minor's Trusts
  - Testamentary / Inter vivos Support Trusts
  - Multi-generational Creditor Protection Trusts
  - Irrevocable Life Insurance Trusts
- The type of trust used is determined by the specific goals that we are trying to achieve for our client.

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## Planning with Trusts: Protection

- From minor or spendthrift beneficiary
- From being counted as an estate asset
- From future creditors
- Special Needs Trusts
- Protection from being considered as a “countable resource” that is “available” to the trust beneficiary by a public benefits agency

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## Planning with Trusts: SNTs

- Identify the specific public benefit program
  - Understand the characteristics of that program
  - Determine if a trust is necessary
  - If yes, what type of trust is required to meet the goals with regard to that specific program
- What *are* the programs?

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Title search: Special Needs Trusts 101: The Basics

Also available as part of the eCourse

[Special Needs Trusts Basics and Best Practices \(2024\)](#)

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"Special Needs Trusts 101: The Basics"