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## **ALTERNATIVES TO GUARDIANSHIP (INCLUDING SUPPORTS AND SERVICES)**

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## **ALTERNATIVES TO GUARDIANSHIP (INCLUDING SUPPORTS AND SERVICES)**

### **I. INTRODUCTION: SEEKING A LESS INTRUSIVE WAY OF MANAGING SOMEONE’S AFFAIRS**

Guardianship is considered to be a last resort when it comes to the protection of someone’s person and estate. The guardianship provisions of the Texas Estate Code set forth an objective to avoid placing an incapacitated person under a guardianship if a less intrusive method can be employed. *See* Tex. Estates Code '1001.001 (West 2023). That section provides:

- (a) A court may appoint a guardian with either full or limited authority over an incapacitated person as indicated by the incapacitated person's actual mental or physical limitations and only as necessary to promote and protect the well-being of the incapacitated person.
- (b) In creating a guardianship that gives a guardian limited authority over an incapacitated person, the court shall design the guardianship to encourage the development or maintenance of maximum self-reliance and independence in the incapacitated person, *including by presuming that the incapacitated person retains capacity to make personal decisions regarding the person’s residence.*

Tex. Estates Code '1001.001 (West 2023) (emphasis added). The italicized portion was added by the 84<sup>th</sup> Legislature and became effective September 1, 2015. This additional language is indicative of the new focus on allowing even an incapacitated person to retain as much self-reliance and independence as possible.

### **II. LEGISLATURE MANDATING CONSIDERATION OF LESS-RESTRICTIVE ALTERNATIVES**

Although the policy of seeking the least restrictive alternative to formal guardianship has been in place for some time, the 84<sup>th</sup> Texas Legislature enacted some new legislation and amended existing statutes to make clear that the Courts, applicants for guardianship, attorney ad litem, and guardian ad litem are required to explore the feasibility of alternatives to guardianship. The legislature even acted a Ward’s Bill of Rights (*see* Appendix 1) which is an attempt to protect the integrity of those who are, in fact, placed under guardianship. So as to emphasize the importance of the exploration of

alternatives to guardianship, the legislature also increased from three to four hours the guardianship ad litem certification the course, requiring the additional hour to focus on less restrictive alternatives to guardianships and supports and services available to proposed wards. *See* Tex. Estates Code 1054.201(b) (Tex. 2023).

The 84<sup>th</sup> Legislature passed new Section 1002.0015 of the Texas Estates which is an attempt to list various alternatives to guardianship. Section 1002.0015 of the Texas Estates Code lists the following alternatives to guardianship:

- (1) execution of a medical power of attorney under Chapter 166, Health and Safety Code;
- (2) appointment of an attorney in fact or agent under a durable power of attorney as provided by Subtitle P, Title 2;
- (3) execution of a declaration for mental health treatment under Chapter 137, Civil Practice and Remedies Code;
- (4) appointment of a representative payee to manage public benefits;
- (5) establishment of a joint bank account;
- (6) creation of a management trust under Chapter 1301;
- (7) creation of a special needs trust;
- (8) designation of a guardian before the need arises under Subchapter E, Chapter 1104; and
- (9) establishment of alternate forms of decision-making based on person-centered planning.

Tex. Estates Code '1002.0015 (Tex. 2023).

However, there are other alternatives in addition to those set forth in the statute. This article explores the various alternatives to a formal guardianship of the person and/or estate of a minor or alleged incapacitated person.

### **III. PROCEDURAL ISSUES**

#### *A. The Application*

The applicant for guardianship must state in the application for guardianship whether alternatives to

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guardianship and available supports and services to avoid guardianship have been considered and whether such alternatives or supports and services are feasible. Tex. Estates Code '1101.001(b) (West 2023).

### *B. The Attorney Ad Litem*

The attorney ad litem *shall* discuss with the proposed ward whether alternatives to guardianship would meet the needs of the proposed ward and avoid the need for the appointment of a guardian. Tex. Estates Code '1054.004(a)(4) (West 2023). In addition, before the hearing, the attorney ad litem shall discuss with the proposed ward the attorney ad litem's opinion regarding:

- (1) whether a guardianship is necessary for the proposed ward; and
- (2) if a guardianship is necessary, the specific powers or duties of the guardian that should be limited if the proposed ward receives supports and services.

Tex. Estates Code '1054.004(c) (West 2023)

### *C. The Guardian Ad Litem*

A guardian ad litem, if one is appointed, shall:

- (1) investigate whether a guardianship is necessary for the proposed ward; and
- (2) evaluate alternatives to guardianship and supports and services available to the proposed ward that would avoid the need for appointment of a guardian.

Tex. Estates Code '1054.054(c) (West 2023).

### *D. What are "Supports and Services"?*

"Supports and services" is defined as available formal and informal resources and assistance that enable an individual to:

- (1) meet the individual's needs for food, clothing, or shelter;
- (2) care for the individual's physical or mental health;
- (3) manage the individual's financial affairs; or
- (4) make personal decisions regarding residence, voting, operating a motor vehicle, and marriage.

Tex. Estates Code '1002.031 (West 2023). A list of potential supports and services is provided in Appendix 2.

### *E. Findings at the Hearing*

Then, at the time of the trial or hearing, the Court must also make a finding that:

- alternatives to guardianship that would avoid the need for the appointment of a guardian have been considered and determined not to be feasible; and
- supports and services available to the proposed ward that would avoid the need for the appointment of a guardian have been considered and determined not to be feasible;

Tex. Estates Code '1101.101(a)(1)(D) & (E) (West 2023).

Further, the court must make a finding whether the proposed ward lacks the capacity, or lacks sufficient capacity with supports and services, to make personal decisions regarding residence, voting, operating a motor vehicle, and marriage. Tex. Estates Code '1101.101(c) (West 2023).

In addition, if the physician's letter or certificate supporting the guardianship application stated that improvement in the ward's physical condition or mental functioning is possible and specified a period of less than a year after which the ward should be reevaluated to determine continued necessity for the guardianship, an order appointing a guardian must include the date by which the guardian must submit to the court an updated letter or certificate containing the requirements of Section '1101.103(b). Tex. Estates Code '1101.153(a-1) (West 2023).

## **IV. ALTERNATIVES TO GUARDIANSHIP OF THE PERSON**

The following are some potential less-restrictive alternatives to a guardianship of the person:

### **A. Medical Power of Attorney**

Chapter 166 of the Texas Health and Safety Code addresses Advanced Directives, Do Not Resuscitate Orders, and Medical Powers of Attorney. The Medical Power of Attorney is one of the primary methods of avoiding a guardianship of the person because, subject to certain express limitations, the agent may make any health care decision on the principal's behalf that the

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