



STATE BAR of TEXAS

Lawyer Wellness

TEXAS LAWYERS' ASSISTANCE PROGRAM
CAMERON VANN, JD



1. YOU'RE NUMBER ONE!



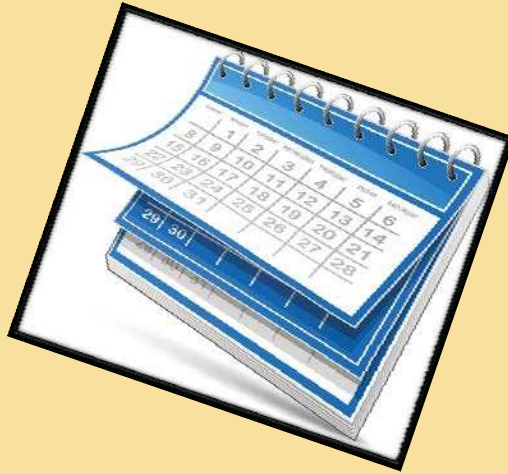
2. ASK FOR HELP!



3. YOU ARE GOOD ENOUGH!



4. SET BOUNDARIES.



5. MAKE CONNECTIONS



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"Lawyer Wellness: It Is All About You"