

Lawyer Well-Being During the Age of the Coronavirus

Presented by

Chris Ritter, JD, MEd, TLAP Director



STATE BAR of TEXAS



TEXAS LAWYERS'
ASSISTANCE PROGRAM

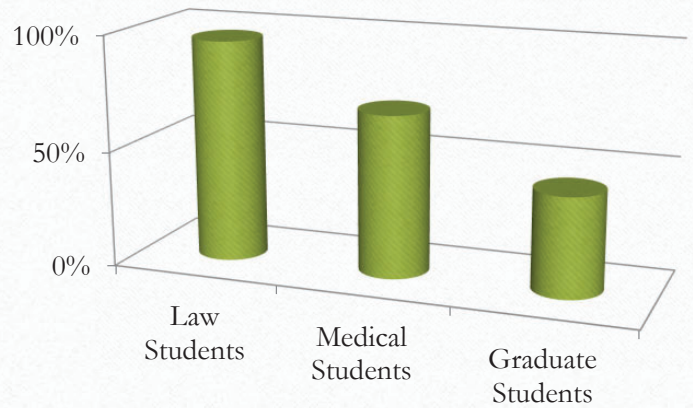
Call or Text 1-800-343-TLAP
www.TLAPhelps.org

Major Problems for Attorneys:

- Stress / Anxiety
- Depression
- Burnout / Secondary Trauma
- Alcohol / Substance Abuse
- Cognitive Impairment
- Suicide
- Gambling and other process addictions

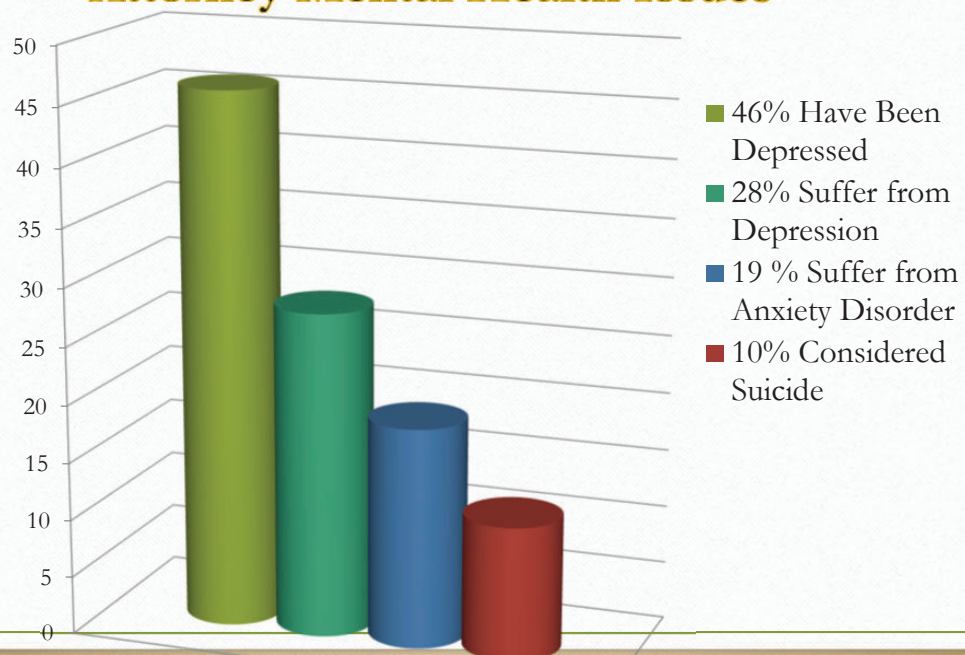
How Graduate Students Rank for Anxiety

Law Students: 96%
Medical Students: 70%
Graduate Students: 43%



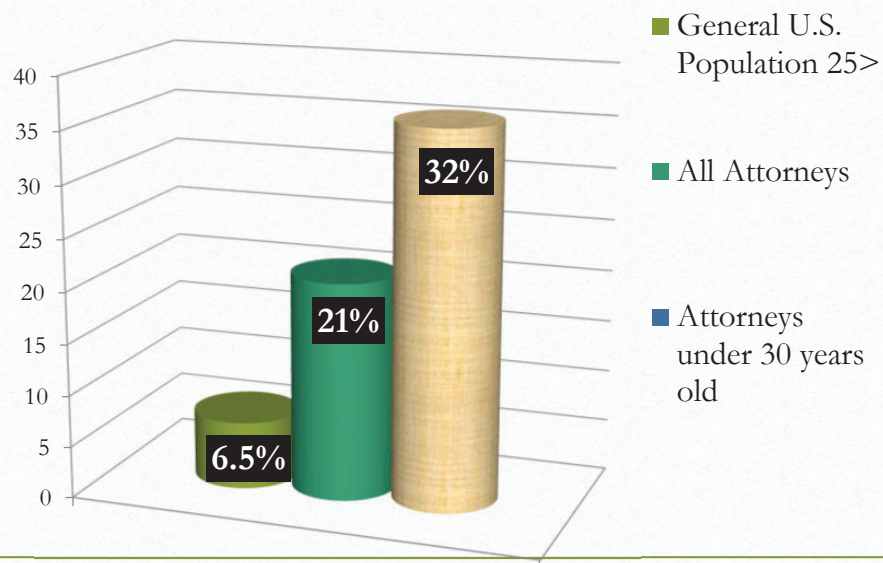
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2015 ABA Study of Almost 13,000 Attorneys: Attorney Mental Health Issues



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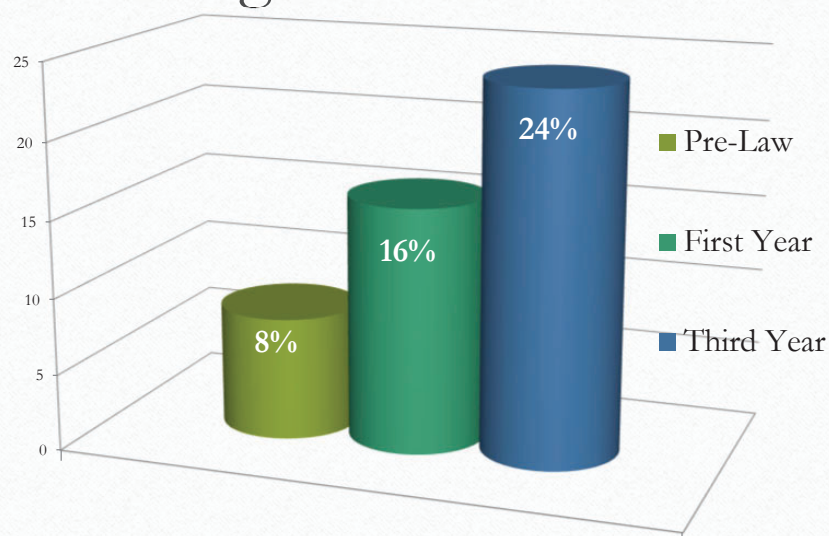
2015 ABA Study of Almost 13,000 Attorneys: Attorneys with Problematic Alcohol Issues



"Problematic Drinking" = hazardous, possible dependence

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How Drinking Affects Law Students



Percentage of Law Students Reporting
a Problem with Alcohol

Find the full text of this and thousands of other resources from leading experts in dozens of legal practice areas in the [UT Law CLE eLibrary \(utcle.org/elibrary\)](https://utcle.org/elibrary)

Title search: Lawyer Well-Being: TLAP in the Coronavirus Era

Also available as part of the eCourse

[First Friday Ethics \(September 2021\)](#)

First appeared as part of the conference materials for the
2021 First Friday Ethics (September 2021) session

"Lawyer Well-Being: TLAP in the Coronavirus Era"