

**2020 Lawyer Wellness**  
**October 5, 2020 • STUDIO WEBCAST**

**Monday Morning, Oct. 5, 2020**

10:00 am  
1.00 hr ethics

**Lawyer Wellness**

Taking Care of Ourselves and Others: This panel will offer strategies and tips for lawyers in these uncertain times of pandemic to help cope and thrive.

Jodi M. Goodwin, Law Office of Jodi Goodwin - Harlingen, TX  
Erica Grigg, Texas Lawyers' Assistance Program - Austin, TX

11:00 am

**Presentation concludes**